

## Doctor recommended additional testing options ✓ Please mark below

The Doctors at Burlingame & Mock Vision Associates continuously strive to provide our patients with the very best in eye care services. We conduct many tests that are part of your normal vision exam. In addition, we offer specialized tests that are not part of your regular exam. While these tests are optional, the Doctors highly recommend them in order to better assess your overall health in ways that a typical eye exam does not.

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### Specialized test #1: DIGITAL RETINAL IMAGING

This highly sophisticated camera now allows us to provide you with a more thorough medical analysis of your eye. The digital retinal imaging assists your Doctor in the early detection of many disorders, including glaucoma, diabetic retinopathy, macular degeneration, retinal detachments, & other vision threatening conditions. The images will become part of your medical records for comparison with images from future exams. This allows your doctor to observe even the smallest amount of change from the previous examinations.

Retinal Imaging is recommended for all patients, but highly recommended if you have:

- Never been examined in our office
- Glaucoma, macular degeneration, or loss of vision
- Diabetes, heart disease, or high blood pressure
- A family history of glaucoma, macular degeneration, or loss of vision
- A family history of diabetes, heart disease, high blood pressure
- Spots or flashes of light in vision, headaches
- High cholesterol
- Recommended at age 4 and up
- A history of smoking

There is an additional fee for this procedure of \$25.00.

- YES - I choose to have digital retinal imaging performed.
- NO - I choose NOT to have digital retinal imaging performed.

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### Specialized test #2: MACULAR PIGMENTATION ASSESSMENT

This measures the amount of protective pigment within your retina. Helps us predict your risk for Dry Macular Degeneration.

The Doctors highly recommended this test if you have:

- A family history of macular degeneration, or unknown vision loss
- A family history of diabetes, heart disease, or high blood pressure
- Light eyes (blue/green/hazel)
- Fair skin
- A sensitivity to light
- A history of excessive exposure to sun light
- A history of smoking (even if you have quit)
- A history of inadequate consumption of green, leafy vegetables
- Recommended at age 10 and up
- Gender--women tend to be at greater risk than men.

There is an additional fee for this procedure of \$25.00.

- YES - I choose to have my macular pigmentation assessed.
- NO - I choose NOT to have my macular pigmentation assessed.

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**Special Consideration:** If you choose both tests, the cost is *reduced* \$10 for a total cost of \$40.00.

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Printed Name

Signature

Date

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- **Certain specialized testing is not optional.** If you are new to the office and are wearing contact lenses, or plan on getting contact lenses, then **Corneal Topography** maybe performed. This \$25 test maps the shape of your cornea (the front part of your eye) and greatly helps in the fitting of contact lenses and in the discovery of potential cornea disease that could affect the long-term health of your eye.